

This list of Michigan-based therapists (primarily in the Greater Lansing area) work with adolescents who have experienced trauma. Call or visit their websites for the most current information about new client intakes, insurance + billing practices.

THERAPISTS	WEBSITE	MORE INFO
Nedra Cannon, LMSW	Harmony in Hues Wellness Center	staff@harmonyinhues.com (517) 574-4192
Amanda Dubey-Zerka, LMSW	Wise Willow Counseling + Consulting	Psychology Today Profile (517) 940-8149
LiToya Huntington, LLMSW	Harmony in Hues Wellness Center	Psychology Today Profile (517) 743-6843
Teddy Jay, LLMSW	Cor Counseling	teddy@corcounselingmi.com (773) 318-2296
Angelica Kim, LLMSW	Harmony in Hues Wellness Center	Psychology Today Profile (517) 296-6148
Noor Mateen, LLMSW	Harmony in Hues Wellness Center	Psychology Today Profile (517) 429-2023
Deborah Mears, LMSW	<u>Lifestance</u>	Psychology Today Profile (517) 200-3155
Telicia Patrick, LLMSW	Harmony in Hues Wellness Center	Psychology Today Profile (517) 245-1590
Francesca Stringer, LLMSW	Sollars and Associates	Email for a referral form: <u>fstringer@sollarsassociates.com</u>



THERAPY COLLECTIVES	WEBSITE	MORE INFO
Cor Counseling ≥2SLGBTQIA+ Affirming Therapy Teen/Adolescent Therapy	COR Counseling	info@corcounselingcares.com (517) 230-5695
Harmony In Hues Wellness Center 2SLGBTQIA+ Affirming Therapy Spousal Abuse Cases (VAWA)	Harmony in Hues Wellness Center	staff@harmonyinhues.com (517) 574-4192
Rooted Counseling ≥ 2SLGBTQIA+ Affirming Therapy Health at Every Size Affirming Practices	Rooted Counseling	Contact Form hello@rootedcounselingmi.com (517) 273-2706
Wild Ferns Wellness Center ≥2SLGBTQIA+ Affirming Therapy Holistic Services	Wild Ferns Wellness Center	info@wildfernswellness.com Request an appointment: Mental Health Therapy



SEARCH THESE NATIONAL DIRECTORIES TO FIND A THERAPIST WHO SHARES YOUR LIVED CULTURAL IDENTITIES +

EXPERIENCES. Therapists who identify as + center the mental health needs of 2SLGBTQ+, Black, Indigenous, Latinx, Muslim, AAPI, Multi-racial, and Multi-lingual communities.

DIRECTORY	WEBSITE	MORE INFO
Asian Mental Health Collective	Asian Mental Health Collective	AMHC - MI Therapists
Inclusive Therapists	<u>Inclusive Therapists</u>	
Institute for Muslim Mental Health	Muslim Mental Health - Get Support	
National Queer Trans Therapists of Color Network (NQTTCN)	Mental Health Directory - NQTTCN	<u>Community Resources + Therapist</u> <u>Directories</u> for diverse communities.
Psychology Today	Psychology Today	Enter your city or zip code in the search bar. Then use the "All Filters" button to select options, such as gender, language, ethnicity, specialties, faith, etc.

OTHER RESOURCES:

- Cultural Competency vs. Cultural Humility | Praxis in Music Therapy
- 4 Reasons Why We Need Culturally Competent Therapists WithTherapy
- The Benefits of a Therapist Who Understands Your Cultural Background
- How to Find a Culturally Competent Therapist | JED